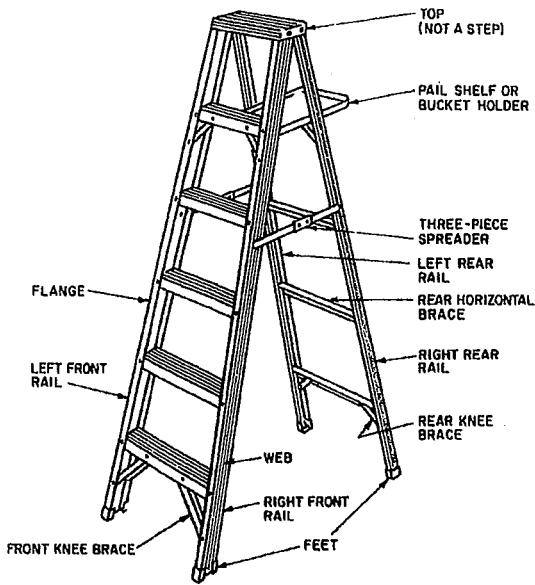


# Ladder Inspection Checklist

Location: \_\_\_\_\_ Date: \_\_\_\_\_

Ladder Description: \_\_\_\_\_

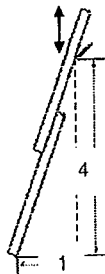
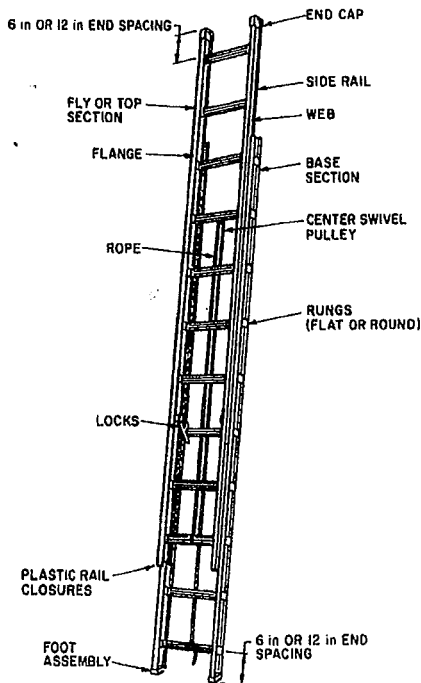


Check box if acceptable

- No loose, cracked, or broken steps or rungs.
- No broken, split, or cracked rails.
- No loose nuts, bolts, and rivets.
- No missing, broken, or damaged base shoes (feet).
- Good condition of hinges and spreaders.
- No defective rung locks on extension ladders.
- Good condition of rope and sheaves on extension ladders.
- No oil, grease, or other slippery material on ladder parts.
- No paint that could conceal defects in ladder parts. Wooden ladders must not be painted.
- The duty rating is displayed on the side rail. (e.g., Type I, 250 lbs)
- Has functional locking bases (if equipped).
- List other conditions that could make the ladder or step stool unsafe for use. Explain below:

Behaviors to look for during safe ladder use:

- Set all feet on a firm level surface.
- Make sure spreaders on stepladders are locked and ladder is stable before climbing.
- Maintain three points of contact on a ladder when climbing or descending. Face the ladder when climbing up and down and only climb the front side.
- Keep body centered between side rails. Do not over reach. Get down and move ladder as needed.
- Do not climb, stand, or sit above second step from top on stepladders.
- Use a rope or other mechanical means to raise or lower materials or tools.
- When setting up a straight or extension ladder, use the 4 to 1 vertical/horizontal rule, i.e., set the ladder base away from the supporting wall one-quarter the working height of the ladder. Extend top of ladder 3 feet above roof support line.
- Secure extension ladders by tying or blocking.
- Assure that in use ladders will not be struck by people, doors or equipment and cause the user to fall.



Notes: \_\_\_\_\_

Check box if acceptable. Note any discrepancies in space provided. Inspected by: \_\_\_\_\_